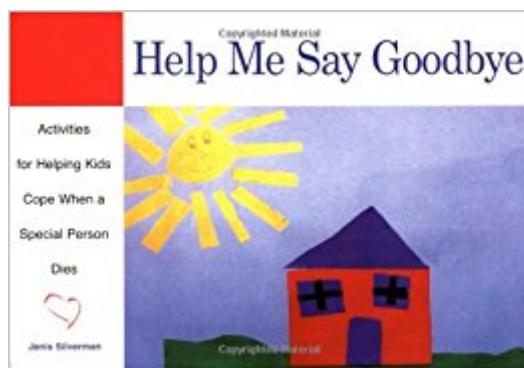


The book was found

# Help Me Say Goodbye: Activities For Helping Kids Cope When A Special Person Dies



## **Synopsis**

An art therapy and activity book for children coping with death. Sensitive exercises address all the questions children may have during this emotional and troubling crisis. Children are encouraged to express in pictures what they are often incapable of expressing in words.

## **Book Information**

Paperback: 32 pages

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Product Dimensions: 7.1 x 0.2 x 10.1 inches

Shipping Weight: 5.6 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 59 customer reviews

Best Sellers Rank: #52,923 in Books (See Top 100 in Books) #69 in Books > Children's Books > Growing Up & Facts of Life > Difficult Discussions > Death & Dying #114 in Books > Self-Help > Death & Grief > Grief & Bereavement #258 in Books > Religion & Spirituality > Worship & Devotion > Inspirational

## **Customer Reviews**

I bought this for my 8 year old it looks to be a great resource for a child dealing with death after a long illness. Unfortunately it is not what we are needing

Great activity book for children (and adults) to find voice and affirmation for their feelings related to grief and loss. It can easily be adapted for any age using an assortment of mediums used in art therapy and creative writing. It is a book that a child and adult will go back to time and time again to work through and provide a starter for difficult conversations. It came to me at an important time when I needed resources for my niece and nephew and their children when my sister died after a very brief illness. hELP ME SAY GOODBYE is a resource I will turn to many times in my practice as an MSW. Thank you.Mary

This is a good activity book which allows an opportunity to discuss hard topics. This book is directed for kids preparing to say goodbye to a loved one and teaches positive ways to cope.

simple enough for the kids group i work with-- they don't like long too wordy stories -- and easy to have them do their own pictures from

This book is geared more towards the child dealing with the terminal illness of a loved one. I wish I had it when we first learned of our grandmother's terminal condition. It does a good job explaining what is happening to the body & also what to expect when it comes time for a funeral. It doesn't give much help for the child dealing with the grief after the person passes away. There were a couple of good suggestions like creating a memory box or sending a balloon message after the person passes away. However, I wish there were more suggestions or activities to help the child dealing with grief after the death of the person.

Great for kids

I use this workbook in therapy with grieving children and they all seem to love it. I would recommend it for kids.

Children need concrete ways to express their grief. This is a practical booklet for families, day cares, schools, libraries.

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Self Help: How To Live In The Present Moment (Self help, Self help books, Self help books for women, Anxiety self help, Self help relationships, Present Moment, Be Happy Book 1) The Relaxation and Stress Reduction Workbook for Kids: Help for Children to Cope with Stress, Anxiety, and Transitions (Instant Help) First Person Rural Second Person Rural Third Person Rural How To Say No (For Teens) (When I Say No I Feel Guilty, Self Confidence, Teen Self Help, Self Help Books for Women, Social Skills Book 1) When Your Pet Dies: How to Cope With Your Feelings Why Did You Die?: Activities to Help Children Cope with Grief and Loss Helping Your Kids Cope with Divorce the Sandcastles Way Emotional Intensity in Gifted Students: Helping Kids Cope with Explosive Feelings (2nd ed.) Saying Goodbye to Your Pet: Children Can Learn to Cope with Pet Loss Boundaries with Kids: When to Say Yes, When to Say No, to Help Your Children Gain Control of Their Lives Keep It Shut Study Guide: What to Say, How to Say It, and When to Say Nothing At All Keep It Shut: What to Say, How to Say It, and When to Say Nothing at All Books For Kids: Natalia

and the Pink Ballet Shoes (KIDS FANTASY BOOKS #3) (Kids Books, Children's Books, Kids Stories, Kids Fantasy Books, Kids Mystery ... Series Books For Kids Ages 4-6 6-8, 9-12) Kids' Travel Guide - Washington, DC: The fun way to discover Washington, DC with special activities for kids, coloring pages, fun fact and more! (Kids' Travel Guide series) (Volume 18) Helping a Friend in an Abusive Relationship (How Can I Help? Friends Helping Friends) Why Does Mommy Hurt?: Helping Children Cope with the Challenges of Having a Caregiver with Chronic Pain, Fibromyalgia, or Autoimmune Disease I Don't Want to Go to School: Helping Children Cope with Separation Anxiety (Let's Talk) Vicki Lansky's Divorce Book for Parents: Helping Your Children Cope with Divorce and Its Aftermath (Lansky, Vicki)

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